

Dietetics and Lions Club Vellore jointly organise awareness programme

The Department of Dietetics along with Lions Club Vellore organised an awareness programme on 'Healthy Diet' to the 250 nursing students of St. John's College of Nursing, Vellore, on the 14th of September, 2017.

Mrs. Manimegalai, In-charge of Dietetics delivered a talk on 'Good Nutrition'. The objective of the programme was to sensitise the students about the importance of following a healthy diet. The presentations of balanced diet, nutritious recipes and various food groups were much appreciated by the students and faculty. Dietitians Mrs. Jayalakshmi and Mrs. Anitha were also present.

